

TAKE FIVE

DAY CAMP FOR WOMEN

*As seen on ABC, NBC, CBS, FOX
and in newspapers around the entire country.*

SUMMER 2010 SCHEDULE

July 6 • July 13 • July 20
August 3 • August 10

Culinary tour of Italy,
France and Spain

Because YOU deserve
some ME time

Couples cooking
workshops hosted
in restaurant kitchens
by prominent chefs

Grilling
made simple

Steakhouse
workshops

Yoga, pilates
and a fun
exercise class
at Varsity Fitness

Master the fine
art of making
decadent dessert



letstakefive.com

Enjoy TAKE FIVE for only \$115 for the entire day or choose your activities
and pay only: \$85 for cooking / \$15 for yoga / \$15 for the workout

For more details contact Carole Blum at 610.733.7737 or takefivecamp@aol.com

**YOU choose the day; YOU choose the hours;
YOU get a lasting impression in your life.**